

Please notify The Histiocytosis Research Trust if you:

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Tax claimed by The Histiocytosis Research Trust

- The Histiocytosis Research Trust will reclaim 28p of tax on every £1 you gave up to 5 April 2008
- The Histiocytosis Research Trust will reclaim 25p of tax on every £1 you give on or after 6 April 2008
- The Government will pay to The Histiocytosis Research Trust an additional 3p on every £1 you give between 6 April 2008 and 5 April 2011. This transitional relief for The Histiocytosis Research Trust does not affect your personal tax position.

If you pay income tax at the higher rate, you must include all your Gift Aid donations on your Self Assessment tax return if you want to receive the additional tax relief due to you.

Please return to:

The Histiocytosis Research Trust
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www.hrtrust.org
[email:info@hrtrust.org](mailto:info@hrtrust.org)

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United Kingdom
Registered in England & Wales
Charity No. 1004546



What is The Histiocytosis Research Trust?

The Histiocytosis Research Trust was set up as a registered charity in 1991 and is dedicated to promoting and funding scientific research into uncovering not only the causes of histiocytic diseases, Langerhan's Cell Histiocytosis and Haemophagocytic Lymphohistiocytosis, but also ensuring early diagnosis, effective treatment and a cure.

The Trust also aims to support patients and their families as well as raise public and professional awareness of histiocytic disorders. Its team of Trustees include the UK's leading paediatric LCH and HLH specialists.

We also have an independent scientific review board which funds vital research projects. To date, The Trust has funded two three-year projects.

The H R Trust is closely linked to the Nikolas Symposium, an annual conference attended by leading doctors and scientists from all over the world and also has ties to The Artemis Association, The Histiocyte Society, Euro Histionet and The Histiocytosis Association of America

About the Diseases

Langerhan's Cell Histiocytosis (LCH) is a rare disease. It is estimated that 1 in 200,000 children will become ill with it each year and adults can also be affected. In the UK alone, there are 50 new cases each year. Very little is known about LCH. Doctors are often unable to diagnose it because it presents with many different symptoms and as a result, diagnosis and treatment is delayed.

People suffering from LCH have too many histiocytes – a histiocyte is a type of white blood cell which normally helps to fight infection. However, for those suffering from LCH, the histiocytes gather together in large numbers causing damage to healthy parts of the body. In some ways, LCH is similar to cancer and is currently treated with chemotherapy, radiation and steroids.

Doctors call LCH an 'orphan' disease because it is so rare. As a result, research into why it happens, how it can be treated and even cured, has been limited. Unfortunately, doctors and scientists don't know what causes LCH – it is not hereditary and it is not infectious.

Haemophagocytic Lymphohistiocytosis (HLH) is a very rare but life-threatening disease that usually affects babies and children. It is caused by an uncontrolled growth of activated white blood cells which stop the body's immune system from working properly. It can be likened to a very severe form of inflammation that the body is not able to turn off and as a result, an affected child is more susceptible to infections. Treatment includes chemotherapy and sometimes a bone marrow transplant.

In the United Kingdom, there are about 15 children diagnosed each year with HLH and international studies have shown there is a survival rate of only 55%.

Youngsters suffering from either LCH or HLH endure long treatments with debilitating side effects and while some may recover, others unfortunately will not and both diseases can be fatal.

How You Can Help

LCH and HLH are rare diseases, but for the few they affect, they cause devastation, fear and sometimes, death.

Research into LCH and HLH has been very limited due to lack of funds and has been the result of donations and fundraising. In order to find a cure as well provide practical support for both patients and their families, we need to continue raising as much money as we can.

By working together and raising money, we can achieve this.

Ways to Donate

There are several different ways in which you can make a difference. You may want to consider either organising a fundraising event, a regular gift, a one-off donation, a gift in celebration, a gift in memory or leaving a legacy. For further information please contact us either via email info@hrtrust.org or by calling 07850 740241. We will be delighted to hear from you.



Charity No: 1004546

GIFT AID DECLARATION

Please treat

- The enclosed gift of £_____ as a Gift Aid donation;
OR
- All gifts of money that I make today and in the future as Gift Aid donations;
OR
- All gifts of money that I have made in the past 6 years and all future gifts of money that I make from the date of this declaration as Gift Aid donations

✓ Please tick the appropriate box

You must pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April one year to 5 April the next) that is at least equal to the amount of tax that The Histiocytosis Research Trust will reclaim on your gifts for that tax year.

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